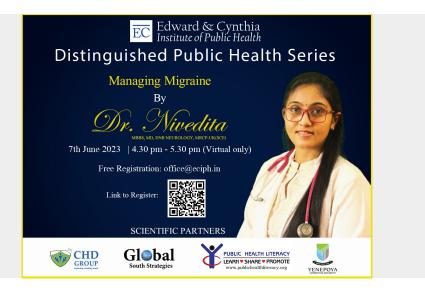


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Category: Opinions

Managing Migraine by Dr. Nivedita

Globally, migraines have emerged as a significant public health concern. It is characterized by recurring episodes that are frequently lifelong. Migraine was among the ten most disabling disorders in each of the 21 GBD areas and rated second globally in terms of years of life lived with disability. Migraine significantly slows down daily tasks and activities. The first step in managing migraine patients is to address lifestyle factors and comorbidities.

